

WALK WITH THE MAYOR

GROCERY STORE TOUR

When: Tuesday, Dec. 12th at 6:30 PM

Where: GIANT Food Store, 835 Bowman St

Registration Required. Limited to 25 participants

Join Lebanon Mayor Sherry Capello for a walk through the grocery store, and learn about healthy nutrition with Licensed Registered Dietitian, Kathy Thomas and Healthy Steps with Lebanon YMCA Healthy Living Coordinator, Michelle Remlinger. Free pedometers!



WALK WITH THE MAYOR Grocery Store Tour

GIANT – 835 Bowman St., Dec. 12th at 6:30 PM

Registration Form

Name: _____

Address: _____

Phone: _____

E-mail: _____

**Please return form to Michelle Remlinger,
Lebanon Valley Family YMCA, 201 N. 7th Street**