

WALK WITH THE MAYOR

A step up to healthier living.



Walk through Coleman Memorial Park

SATURDAY, JUNE 16TH at 9:00 AM

Meet at the Coleman Memorial Park parking lot past the pool

Join Lebanon Mayor Sherry Capello for a 30 minute walk through Coleman Memorial Park on Saturday, June 16, 2018 at 9:00 AM.

Participants will learn some history and features of the Park. Following the walk, hear from Licensed Registered Dietitian Kathy Thomas on how to pack a healthy picnic lunch and how to avoid food poisoning during the summer AND receive a healthy snack.

Don't miss this fun-filled healthy Saturday morning event!



REGISTRATION IS REQUIRED. Registration forms can be obtained on the City of Lebanon website at www.lebanonpa.org OR on the reverse side of flyer. For questions, contact: Michelle Remlinger at

717-272-6611.

