



# WALK WITH THE MAYOR

A step up to healthier living.



Walk to  Hospital

**TUESDAY, MAY 15<sup>TH</sup> at 6:00 PM**

Meet at the City/County Municipal Building (Police entrance),  
400 South 8<sup>th</sup> Street

The Lebanon community is invited to join Mayor Sherry Capello on a walk through the City. Participants will learn some Lebanon history while adding steps into their day. Participants will receive FREE pedometers (while supplies last). Information on healthy steps will be provided by Lebanon YMCA Healthy Living Coordinator.

The walk will be highlighted by a stop at Wellspan Good Samaritan Hospital, where participants will hear from hospital President, Tom Harlow.



*Jeremy Long, Lebanon Daily News*

**REGISTRATION IS REQUIRED.** Registration forms can be obtained on the City of Lebanon website at [www.lebanonpa.org](http://www.lebanonpa.org) OR on the reverse side of flyer. For questions, contact: Michelle Remlinger at

717-272-6611.

**REGISTRATION FORM**

WALK WITH THE MAYOR – May 15, 2018

Name:\_\_\_\_\_

Phone:\_\_\_\_\_

Address:\_\_\_\_\_

E-mail:\_\_\_\_\_

Please return form to: Lebanon Valley Family YMCA  
Attn: Michelle Remlinger,  
Healthy Living Coordinator  
201 North 7<sup>th</sup> Street  
Lebanon, Pennsylvania 17042