



WALK WITH A COP

A step up to healthier living.



Saturday, August 25, 2018
at 10:30 AM.

Meet at the Lebanon Valley Family YMCA

**The walk is limited to
the first 30 children**

Children ages 6-12 are invited to join Lebanon Police Chief Todd Breiner on a walk through the City, where he will talk about back to school safety and bullying. All children will receive a free neon BLUE t-shirt that says "I Walked the Beat", a safety book and snacks provided by local businesses!

Kathy Thomas, Licensed Registered Dietitian will talk about how to pack a healthy school lunch and Lebanon YMCA Healthy Living Coordinator will talk about the amount of activity required for children for health.



For more information, contact Michelle Remlinger
717-272-6611.

REGISTRATION IS REQUIRED

Registration forms can be obtained on the City of Lebanon website at www.lebanonpa.org or on the reverse side of this flyer

REGISTRATION FORM

WALK WITH A COP – AUGUST 25, 2018

****Registration deadline is August 15th****

Name: _____

Parents Name: _____

Phone: _____

Address: _____

E-mail: _____

Age: _____

T-shirt Size: Youth Small___ Youth Medium___ Youth Large___

Adult Small___ Adult Medium___ Adult Large___

Please return form to: Michelle Remlinger, Healthy Living Coordinator
Lebanon Valley Family YMCA
201 North 7th Street
Lebanon, Pennsylvania 17046