



## Choose Healthy. Choose WIC!

**“WIC has helped me make healthier choices for my child, and I can save on my grocery bill.”  
- WIC Mom -**



The Pennsylvania Women, Infants and Children (WIC) Program helps eligible pregnant, postpartum and breastfeeding women, infants and children under age 5.

### Did you know?

- WIC provides free nutrition information, healthy foods, breastfeeding support and referrals to other helpful programs.
- WIC helps working families and the unemployed.
- WIC allowable income is higher than SNAP and some other programs.
- If you receive SNAP, MA or TANF, you may also apply for WIC.
- Foster children under age 5 qualify for WIC.
- U.S. citizenship is not required.

### WIC Income Guidelines

HOUSEHOLD SIZE	* MONTHLY (APPROX.)	* ANNUAL
1	\$1,871	\$22,459
2	\$2,537	\$30,451
3	\$3,203	\$38,443
4	\$3,869	\$46,435
5	\$4,535	\$54,427
6	\$5,201	\$62,419
7	\$5,867	\$70,411
8	\$6,533	\$78,403

\*Gross income (before taxes)

Get started online at [PAWIC.COM](http://PAWIC.COM) or call 1-800-WIC-WINS (1-800-942-9467).

PA WIC is funded by the USDA. This institution is an equal opportunity provider.

For each additional person, add:

	MONTHLY (APPROX.)	ANNUAL
	\$666	\$7,992

To Find the Lebanon County Clinic Nearest You, Contact:

LEBANON FAMILY  HEALTH SERVICES  
 615 Cumberland Street, Lebanon, PA 17042.  
**Phone:** (717) 273-6741 **WIC:** (717) 273-6940  
**Fax:** (717) 273-6337 **Email:** [info@lebanonfamilyhealth.org](mailto:info@lebanonfamilyhealth.org)